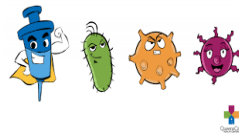


THORNTON NEWS

Welcome to our Autumn 2024 Newsletter!



Flu vaccinations!



Who should have a flu vaccination? Flu vaccination is recommended for those who are most at risk of serious complications if they get flu.

- Adults over 65 years old.
- People with certain long-term health conditions.
- Pregnant women.

Use the links below for further information on this year's flu vaccination programme including vaccinations for children and why the vaccinations are being offered from early October this year for most eligible adults. Staff will be happy to print it out for you.

<https://assets.publishing.service.gov.uk/media/66aa2f7a0808eaf43b50db03/UKHSA-When-should-I-get-my-flu-vaccine-flyer.pdf>

www.nhs.uk/child-flu

www.nhs.uk/flujab

The surgery will be in touch with you if you are eligible for a flu vaccination.

Pregnant women and children who are eligible for a vaccine on the NHS will be offered a jab from September 2024. Pregnant women – you can ask your midwife for advice where and when you can get the vaccination at the earliest opportunity.

We welcome back Nurse Gemma from her maternity leave and Dr Maleasha Shergill our new GP registrar. It's goodbye and good luck to Dr Emily Sweeting GP registrar who has moved on to her next rotation - who knows we may see her back here again one day!

THORNTON NEWS

Sarah Wood – working with our frail and elderly patients.



Sarah - our new in post - Frailty Co-ordinator getting to know Dawn and the staff at Armley Helping Hands and working with the Social Prescribers to promote Carer's week. Contact the surgery for more information on Sarah's role and how she may be able to support you with a visit.



Here at **Thornton Medical Centre**, we stand in solidarity with those who are experiencing racism, Islamophobia, and xenophobia.

We acknowledge that many of our staff and patients now feel less safe going about their lives. We want to reassure our patients that we are a safe space, and all are welcome here, regardless of race or religion.

Racist behaviour will not be tolerated.

Total Triage

How are we doing since we introduced our new way of working July 2024?

An update from office Manager Hollie

Our data shows on average 10% of forms are completed by receptionists who have submitted forms on behalf of patients.

Call waiting times and queues have significantly reduced since implementing the new system.

It is now much easier for patients who cannot access the form to get through to us for assistance from reception.

We have successfully removed the need for an 8am rush which has allowed for patients to not feel that pressure.

If any of our patients are worried about the system we are more than happy to have a chat with them in person or over the phone whenever needed.

Staff Training days for Autumn 2024

The surgery is closed from 12.00 for staff training:

- Thursday 26th September 2024
- Thursday 17th October 2024
- Thursday 28th November 2024

and will re-open 08.00 the following day.

If you need medical advice when the surgery is closed, use NHS 111 online (111.nhs.uk) or call 111, they can direct you to the best place to get help if you cannot contact your GP during the day, or when your surgery is closed.

Always call 999 in a medical emergency.

Did you Know???? As well as seeing a GP you can get a smear, a coil fitted, an NHS health check, a blood test or BP check done at the HUB on a Saturday.

Thank you for reading our newsletter. Look out for our next issue which will be Winter 2024. Have you visited our website recently? It's regularly updated!

<http://www.thorntonmedicalcentre.nhs.uk/>